Viola canadensis
Canada violet

This stemmed violet with large heart-shaped leaves produces white flowers with light-yellow centers and purple stripes in spring and sporadically through summer. The backs of the upper petals are tinted purple. The tender young leaves can be added to a salad or cooked as a vegetable. The flowers make a fresh edible garnish or can be candied as a cake decoration. Wild populations are endangered in New Jersey and threatened in Connecticut.

**Hardiness:** Zones 3–8
**Light:** Shade to part shade
**Soil:** Moist to average
**Size:** 6–8” tall
**Foliage:** Heart-shaped
**Flowers:** White with light-yellow centers, purple stripes, and purple tint on back of upper petals
**Bloom Time:** Spring
**Wildlife Value:** Host plant for fritillary butterflies and giant leopard moth; also valued by bees

Photos: Lady Bird Johnson Wildflower Center—R.W. Smith (top), Alan Cressler