

THE NATIVE PLANT CENTER

2013

NATIVE PERENNIAL OF THE YEAR

Pycnanthemum muticum

Common name: Broad-leaved Mountain Mint

Hardiness: Zones 3–9

Light: Sun to light shade

Soil: Moist is preferable

Size: 2'–3' tall x 1 1/2'–3' wide

Foliage: Deep-green, oval, pointed leaves

Flowers: Showy, silvery bracts with small button-shaped centers showcasing white flowers tinged with magenta

Bloom Time in Tri-State Area: Mid to late summer

Wildlife Value: Nectar for a wide variety of pollinators, including butterflies and other beneficial insects

Pycnanthemum muticum is a superior nectar plant that is covered with an amazing variety of insects when in bloom. It is quite aromatic and highly resistant to deer. It spreads by rhizomes and will ramble, but is less aggressive than traditional culinary mints such as Spearmint.



Pycnanthemum muticum

Courtesy of: North Creek Nurseries

The Native Plant Center is a program of the Westchester Community College Foundation
75 Grasslands Road, Valhalla, NY 10595 (914) 606-7870 www.nativeplantcenter.org

Educating people about the environmental necessity, economic value and natural beauty of native plants in the Northeast.