



## *Tiarella cordifolia*

**Common name:** Foamflower

**Hardiness:** Zones 3 – 9

**Light:** Shade to Part Shade

**Soil:** Moist, organic soil

**Size:** 4"–10" tall x 12" + wide (varies for clumping vs running forms)

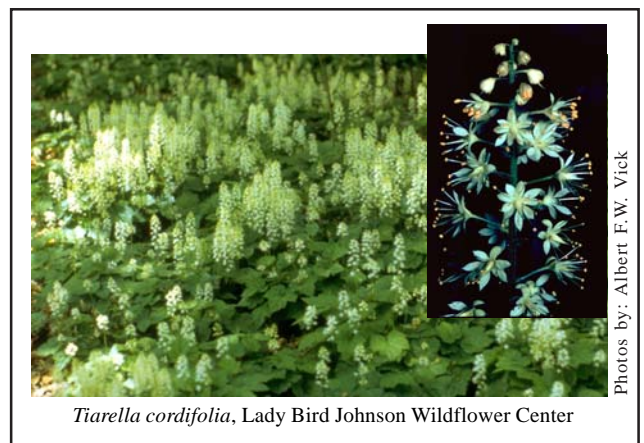
**Foliage:** Medium to dark green, often with showy darker colorations, maple leaf shape; often evergreen or semi-evergreen

**Flowers:** White spikes of flowers, sometimes light pink

**Bloom Time in Tri-State Area:** Spring

**Wildlife Value:** Nectar for beneficial insects, including early bees

*Tiarella cordifolia* is a favorite spring bloomer which provides 3 seasons of beauty in the garden with its attractive flowers and foliage. Its pretty white flower spikes offer early nectar for many early beneficial insects. It is easy to grow in a shady, moist location and makes a terrific native groundcover. Clumping and running (stoloniferous) forms are available.



*Tiarella cordifolia*, Lady Bird Johnson Wildflower Center

Photos by: Albert F.W. Vick

The Native Plant Center is a Program of the Westchester Community College Foundation  
75 Grasslands Road, Valhalla, NY 10595 (914) 606-7870 [www.nativeplantcenter.org](http://www.nativeplantcenter.org)

Educating people about the environmental necessity, economic value and natural beauty of native plants in the Northeast.