

Unique Ways to Check in with Students

IN THE CLASSROOM

For info on how to support students, attend a training by [clicking here](#)

CREATE A GOOGLE FORM CHECK-IN

Use a drop-down menu or provide a short answer options*

- “Do you have challenges with technology or wifi?”
- “Did you have enough food to eat today, yes or no?”
- “Thinking over the last week, which concept are you finding to be the most difficult?”

* Always ask for names and be sure questions are appropriate for the function of your class and your role.

CHECK IN WITH THE FEELINGS WHEEL

Ask the students to review the chart, and give a color or word description of what they are at the beginning of class. For example- “I’m feeling violet or in awe.”

USE INTERACTIVE TECH

Use the free online tools, like Padlet or Jamboard, to routinely check in with students throughout a lesson. Students can post notes about how they're feeling or comprehension of a specific topics in class.

EMOJI CHECK-IN

Ask students to put an emoji that represents how they're feeling in the moment or about the content being discussed. **Pro tip:** use this in conjunction with the Google Forms, Jamboard, or Padlet!

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OUT OF THE CLASSROOM

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SWITCH UP CHECK-IN QUESTIONS

Ask a different questions on days you meet; you can even use the chat feature on Zoom or Teams instead of out-loud.

- "What has been the most disappointing recently?"
- "What's your intention for the week."
- "What has been the easiest part about being home?"

WINS AND LOSSES

Ask the student what were two successes and one disappointment for the week. Have them put the disappointment in between the success to end on a positive!

ROSE AND THORN

Students share one positive thing- a rose- and one challenging thing- a thorn- in a one sentence.

1 STRESSOR & 1 COPING STRATEGY

Ask students to share one stressor from this week and one coping strategy that has helped. Great way to offer new coping skills to a student, too!