

# ZOOM IN

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## Study Skills for Success

**Sept. 23**

**A day has 24 hrs. How do you use them?**

**Time Management and Organization**

**Sept. 30**

**Are class notes ever useful?**

**Note-Taking Ideas**

**Oct. 7**

**What do you do? There is so much to remember.**

**Memory Skills**

**Oct. 14**

**How do you know what you know? This will get you thinking.**

**Metacognition**

**Oct. 21**

**Yikes! How did this happen?**

**Reduce Test Anxiety**

**Oct. 28**

**Can you actually do this?**

**Predict, Prepare and Take the Test**

**Nov. 4**

**You've got this!**

**Review for Finals and Projects**

**Common Hour Wednesdays**

**11am for the group session or individually anytime with a tutor**

**Academic Support Center Online**

**Reading/Study Skills Tutorial:**

**AskATutor-read@sunywcc.edu**