MENTAL HEALTH RESOURCES

Department of Mental Health & Counseling Services

MentalHealthServices@sunywcc.edu sunywcc.edu/DMHCS @WCCMentalHealth

Agencies and Clinics

Guidance Center of Westchester
(914) 613-0700
Westchester Jewish Community Services
(914) 761-0600
MHA (Mental Health Association) Westchester
(914) 345-0700, ext. 7303
The Bereavement Center of Westchester
(914) 787-6158

Alcohol & Substance Misuse

SAMHSA's National Helpline (English/Español)
800-662-HELP (4357)
Treatment Directory
FindTreatment.gov

BIPOC Resources

Call BlackLine
1-800-604-5841
Treatment Directories
TherapyforBlackGirls.com
CliniciansofColor.org

Disordered Eating

NEDA Hotline
800-931-2237
Renfrew Center
800-736-3739
Center for Eating Disorders - NY Presbyterian
(888) 694-5700

Hospitals and Inpatient Treatment

St. Vincent's Hospital
(914) 925-5320
Four Winds Hospital
(914)763-8151, PRESS 1
Northern Westchester Hospital
(914) 666-1200

Interpersonal Violence & Sexual Assualt

National Domestic Violence Hotline
800-799-7233 (Text START to 88788)
RAINN (Rape, Abuse & Incest National Network)
800-656-4673
My Sisters' Place
(914) 683-1333
Putnam Northern Westchester Women's Resource Center
(845) 628-9284

LGBTQIA+ Resources

Trans Lifeline
877-565-8860
Trevor Lifeline
866-488-7386
The LOFT: LGBTQIA+ Community Services Center
(914) 948-2932

Suicide Awareness and Prevention

Suicide and Crisis Lifeline/Textline
988
Nacional de Prevención del Suicidio
888-628-9454
AFSP (American Foundation for Suicide Prevention)

Find a Provider

SUNYWCC.ThrivingCampus.com
LifeStance.com

togetherall

TAO Therapy Assistance Online