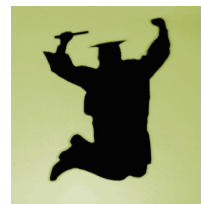


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IMPROVE YOUR STUDY SKILLS and REDUCE TEST-TAKING ANXIETY Workshops, Spring 2010

- | | |
|---|---------------------------------|
| 1. Successful Study Skills Part I:
Time Management, SQ3R, Textbook Reading | Wednesday, February 17th |
| 2. Successful Study Skills Part II:
Highlighting, Note Taking, Outlining | Wednesday, February 24th |
| 3. Memory Techniques | Wednesday, March 3rd |
| 4. Learning Styles and Active Studying | Wednesday, March 10th |
| Spring Break | |
| 5. Reducing Test Anxiety | Wednesday, March 24th |
| 6. Math Anxiety | Wednesday, March 31st |
| 7. Predicting Test Questions | Wednesday, April 7th |
| 8. Taking the Test | Wednesday, April 14th |
| 9. Review of Study Skills &
Test-Taking Skills | Wednesday, April 21st |

**All workshops will be conducted in the Academic Support Center
from 11:00 a.m. to 11:50 a.m. (unless otherwise noted).**

If you have any questions, please call 606-6470 or visit the Academic Support Center.