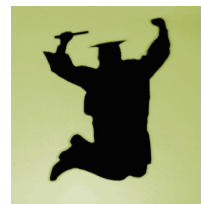


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IMPROVE YOUR STUDY SKILLS and REDUCE TEST-TAKING ANXIETY Workshops, Fall 2010

- | | |
|---|----------------------------------|
| 1. Manage Your Time, Learn to Read Your Text | Wednesday, September 29th |
| 2. Develop Your Note-Taking Skills | Wednesday, October 6th |
| 3. Improve Your Memory Techniques | Wednesday, October 13th |
| 4. Identify Your Learning Style | Wednesday, October 20th |
| 5. Reduce Your Test Anxiety | Wednesday, October 27th |
| 6. Decrease Your Math Anxiety | Wednesday, November 3rd |
| 7. Predict Test Questions | Wednesday, November 10th |
| 8. How To Take the Test | Wednesday, November 17th |
| 9. Review of Study Skills &
Test-Taking Skills | Wednesday, December 1st |

**All workshops will be conducted in the Academic Support Center
from 11:00 a.m. to 11:50 a.m. (unless otherwise noted).**

If you have any questions, please call 606-6470 or visit the Academic Support Center.

Academic Support Center
Ground Floor, Library