Go from

IMPROVE YOUR STUDY SKILLS
and
REDUCE TEST-TAKING ANXIETY

Workshops, Fall 2013

1. Manage Your Time, Learn to Read Your Text  
   Wednesday, Sept. 25
2. Develop Your Note-Taking Skills  
   Wednesday, Oct. 2
3. Improve Your Memory Techniques  
   Wednesday, Oct. 9
4. Identify Your Learning Style  
   Wednesday, Oct. 16
5. Reduce Your Test Anxiety  
   Wednesday, Oct. 23
6. Decrease Your Math Anxiety  
   Wednesday, Oct. 30
7. Predict Test Questions  
   Wednesday, Nov. 6
8. How To Take the Test  
   Wednesday, Nov. 13
9. Review of Study Skills and  
   Test-Taking Skills  
   Wednesday, Nov. 20
    Wednesday Dec. 4

All workshops will be conducted in the Academic Support Center  
from 11:00 a.m. to 11:50 a.m. (unless otherwise noted).

If you have any questions, please call 606-6470 or visit the Academic Support Center.

Academic Support Center  
Ground Floor, Library